

## **Become an Advisor**

## Volunteers Sought to Help Local Community Improve Health and Healthcare

Qsource is recruiting volunteers who want to make a difference in the lives of patients and caregivers. We are looking for individuals in Indiana to "bring patients' voices to the table." Qsource is part of the Centers for Medicare & Medicaid Services' national healthcare quality improvement program.

We work with local healthcare providers, stakeholders and Medicare beneficiaries to improve the quality of healthcare for people with certain health conditions. We bring the community together to achieve national health quality goals. And we need more consumer input to be effective.

Patient engagement is a powerful tool to enhance the quality of healthcare. When patients actively engage in their own well-being, this makes the job of the healthcare provider easier and can reduce unnecessary costs.

We hope to engage more Medicare beneficiaries and their families in this work and are looking for advocates: people who will empower their fellow Medicare beneficiaries to stand up for person-centered care. Qsource consumer advisors will participate in occasional email surveys, review draft patient education materials, offer feedback, share stories and attend monthly virtual meetings of the Advisory Council and local community meetings as their schedule permits.

There are no educational or training requirements. Individuals of all professional and educational backgrounds who have an interest are invited to become advisors.

The advisor's role will typically require one hour per month for the Advisory Council meeting, with occasional time to review presentations, messaging, etc. to provide feedback to Qsource. Most advisors will not spend more than 2-3 hours a month in this role.

Effective volunteers are active listeners who have a service orientation and are actively looking for ways to help people. We are looking for volunteers who will want to help their neighbors acquire the information, skills, and confidence they need to manage their health and healthcare.

## www.Qsource.org

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