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In 2022, Qsource continued to offer you valuable tools and resources to help you provide high-quality care for your patients and residents and build meaningful communities. We made a lot of changes including a new look and a new website. And there's more to come!

Let's explore the top resources of the year and look ahead to what's coming in 2023.

Top Podcasts of 2022

- [Men's Health Month](#)
- [Chronic Disease and Health in the Black Male Culture](#)
- [Asthma Awareness](#)
- [Farmer's Markets and Healthy Living](#)
- [Cardiovascular Disease and Diabetes in Indiana \(CADI\)](#)
- [Planning & Designing Great Communities](#)

Top Toolkits of 2022

- [2022 Recovery Month Toolkit](#)
- [The Falls Management Program: A Quality Improvement Initiative for Nursing Facilities](#)
- [Catch-Up to Get Ahead Toolkit](#)
- [Chronic Kidney Disease Resource Guide](#)
- [COVID-19 and Cardiovascular Disease Toolkit](#)

- [Diabetes and Chronic Kidney Disease \(CKD\)](#)
- [Living Longer Living Better Deeper Dive](#)
- [Workplace Wellness: Life and Work Balance](#)
- [Advanced Care Planning – Ask Me](#)
- [Ending the Stigma of Substance Use Disorder](#)
- [Sepsis ToolKit 2022](#)
- [Million Hearts Cardiac Rehabilitation Change Package](#)
- [NIAM Toolkit for Communicating with Healthcare Professionals](#)
- [Tips for Healthcare Professionals: Coping with Stress and Compassion Fatigue](#)
- [Tips for Supporting Employee Mental Health Toolkit](#)

Honorable Mention

The Rethink Tobacco podcast series was on the rise in the last quarter of the year.

- [ReThink Tobacco - Introduction](#)
- [ReThink Tobacco - The Community Burden of Tobacco Use](#)
- [ReThink Tobacco - Bridging the Gap with Behavioral Health Providers](#)
- [ReThink Tobacco - Tobacco Use with Behavioral Health Conditions](#)
- [ReThink Tobacco - Behavioral Treatment Facility Strategies, Interventions and Collaboration](#)

Top Resources of 2022

- [SMART Goals Worksheet](#)
- [Diabetes Resource Guide](#)
- [Vaccine Triple Play](#)
- [Heart Health Resource Guide](#)
- [Effective Antimicrobial Stewardship](#)
- [Quick Patient Guide: How to Choose Between the Doctor's Office, Urgent Care and Emergency Room](#)
- [Immunization Word Search](#)
- [Diabetes Word Search](#)
- [Influenza Zonal Tool](#)
- [Heart Disease Zonal Tool](#)

Top Webinars of 2022

- [Telehealth 101](#)
- [Adverse Drug Events in Long-Term Care](#)
- [COVID-19 Boosters, Vaccines and Emerging Issues](#)
- [Advance Care Planning, Advance Directives and the New Indiana Overhaul Law](#)
- [Emergency Planning and Preparedness](#)
- [Tobacco Use in Behavioral Health](#)
- [Recovery Ecosystems](#)

What's New in 2023

Qsource will launch a new Learning Management System for online education and training. This collaborative new platform is interactive and easy with features that allow for live coaching, community chats and much more!

Also coming in 2023 is our new QIO website. This new home for all things QIO will give you

organized resources, upcoming events, and the latest news all at your fingertips!



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