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## QIO Newsletter



Welcome to the monthly QIO eNews. We will provide you with the latest tools, resources and learning opportunities that can be shared with your staff and patients.

### Healthy Holidays

- Resources from Qsource
  - [COVID-19 Bivalent Booster- A Message from Dr. Ben Heavrin](#)
  - [Get The Facts About the Bivalent COVID-19 Booster Handout](#)
  - [Vaccine Triple Play Handout](#)
- [Protect Yourself from Seasonal Flu - MyHealthfinder | health.gov](#)
- [Flu & People with Diabetes | CDC](#)
- Diabetes and Vaccinations
  - [Healthy Living with Diabetes: The Step You May Be Missing | CDC](#)
  - [Download the Flyer](#)

Dr. Ben Heavrin - Bivale...



### Resources for Providers

- [Strategies to Improve Adult Vaccination Coverage](#)
- [Communicating the Benefits of Influenza Vaccine During](#)



## Influenza Vaccination

Now is a great time to consider the many benefits of the [flu vaccine](#). It can reduce your chances of getting sick with the flu, be lifesaving for all ages, and protect the people around you. Help keep our communities safe from the flu and get vaccinated.



## Handwashing Awareness

Germs are everywhere. [Make handwashing](#) with soap and water a healthy habit to protect yourself and your family from getting sick.

## In Case You Missed It... Immunization-Related Podcasts

Our podcasts offer clinical information that is relevant and timely. You can sort by topic and download podcasts from any of the popular podcast services like Spotify and Apple Podcasts. Don't miss our immunization-related or other podcasts!

| [Start Listening](#)



## Qsource is Indiana's Medicare QIN-QIO

Designated as a [Quality Innovation Network-Quality Improvement Organization](#) (QIN-QIO) for Indiana, Qsource is contracted by the [Centers for Medicare & Medicaid Services](#) (CMS) to improve quality and achieve better outcomes in health and healthcare, at lower cost, for the patients and communities we serve.

The QIN-QIO Program is one of the largest federal programs dedicated to improving health quality at the local level. Qsource has served as a Medicare contractor since 1973. We provide our services **free-of-charge** to our collaborating providers, so you will not incur any charges for use of our staff and resources.



Partner With Us!

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